



The attractive Hotel Fort William Henry, at beautiful Lake George, in its setting of green Adirondack hills.



The wooded crest of Mount Seward, in the Adirondacks, rising dark against a misty background of hills, with the silver glint of Long Lake tapering to the horizon.

W O N D E R F U L S A R A T O G A S P R I N G S



Congress Spring
CONGRESS PARK

Saratoga Springs, the Health and Pleasure Resort of Distinguished Americans for Over a Century.

Where the Red Men bore their disabled warriors to be healed by the Waters of the Great Spirit—and later came heroes of our first battles to be cured of their ills—was reared Saratoga Springs, America's first Spa.

Saratoga Springs equals, if not surpasses, any of the famous European watering places in the medicinal value of its waters for the treatment of diseases of the heart, digestive tract, circulation, and nervous system.

Aside from Saratoga's renown as a health resort, it is famed as a year round pleasure resort. Its picturesque surroundings, generally dry and

equable climate, attractive sports and pastimes, and the perfection of appointments for complete rest and comfort, make it supreme.

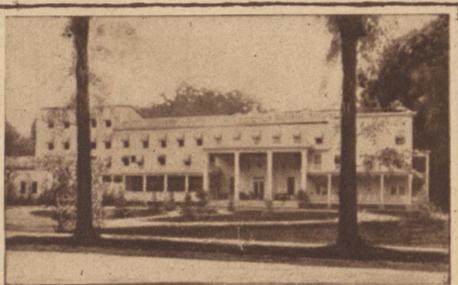
The 600-acre State Reservation at Saratoga Springs, maintained and operated by the State Conservation Commission, includes practically every important Mineral Spring in the region. The Lincoln Bath House, and the magnificent new Washington Bath House, which opens this summer, are fully equipped to offer every comfort and the most effective treatments. Booklets on request.

To men of the Army, Navy and Marine Corps—Saratoga Springs is a splendid place to recuperate from the strenuous times "Over there."

Address:—STATE OF NEW YORK CONSERVATION COMMISSION,
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The attractive entrance gate and shaded drive of the racecourse of the Saratoga Racing Association, at Saratoga Springs, N. Y. Society gathers at the Springs annually during August for the month of the brilliant racing season.

Grand Union Hotel Saratoga Springs



Will Open for Season
1919
On June 21st
HAMILTON P. BURNEY,
Manager.
Nahan Franko and
Metropolitan Opera House
Orchestra.
New York Booking Office:
McAlpin Hotel.



A paddock at the Saratoga race track, pleasant temporary quarters for the thoroughbred horse competitors in the races. Saratoga has many other attractions to offer the vacationist, foremost among them, perhaps, the excellent Nauheim system of mineral baths.